

MATERNAL CHILD HEALTH EDUCATION 2020 SCHEDULE

Visit our website www.goodsamhosp.org/moms
To register online or call 800 435-7465
For questions call 368-5450

Early registration is suggested

Maternity Tour 1st Sunday of every month.
FREE, no appointment necessary. Meets
in the Birthing Center Lobby at 10:50am

January 5	February 2	March 1
April 5	May 3	June 7
July 5	August 2	September 6
October 4	November 1	December 6

Prepared Childbirth \$165.00 per couple
Continental Breakfast served
Sunday's 9:30am – 5pm
Includes tour of the Maternity Unit

January 26	February 23	March 22	April 26
May 31	June 28	July 26	August 30
September 27	October 25	November 22	December 20

Breastfeeding Saturday's Or Sunday's 10am – 1pm
&55.00 Includes New Mothers guide to Breastfeeding

Sunday January 5	Saturday February 8	Sunday March 1
Saturday April 25	Sunday May 17	Saturday June 27
Sunday July 12	Sunday September 6	Saturday October 24
Sunday November 15	Saturday December 12	

Private tours during the week are done by appointment with the Maternity
 Consultant, please call: 845-368-5450

Infant/Child CPR & Safety \$50.00 per person
Two Consecutive Thursday's 6:30pm – 9:30pm

February 6 & 13	April 9 & 16	June 11 & 18
August 20 & 27	October 8 & 15	December 10 & 17

Newborn Care Class \$55.00 per couple
Tuesday's 7:00pm – 10:00pm

January 21	March 24	April 21	May 19	June 16
July 21	August 18	September 15	October 20	November 17

NURSING MOTHERS TEA – REGISTRATION REQUIRED
Second Tuesday of the Month
12:30pm – 2:00pm
Call 845-368-8270 to register

Note: On occasion, there may be a circumstance where a class date change may be necessary.